

Rule	Explanation/Comments
Goal Height	8 feet
Ball Size	28.5"
Games consist of six, 6-minute segments and an 8 minute halftime. One minute is allotted for substitutions between segments	This keeps the games to approximately an hour time frame.
Score is kept	
3-second violation is NOT called	Young athletes at this age should focus on offensive basics (dribbling, passing, shooting)
Coaches are allowed to walk the sidelines to encourage and instruct players	The focus is for coaches to instruct and encourage players at all times.
Rule	Explanation/Comments
Free throws are awarded on all shooting fouls	Two shots are attempted by the fouled player at the 10' line. Coaches may quickly come onto the court to line up remaining players in proper free throw positions. After the second shot, the ball will be inbounded by the opposing team regardless of shot result
Stealing the ball off the dribble	Players at this age should be taught and held to these basic basketball rules.

Double dribble violation is called in all circumstances

Traveling violation is called in all circumstances

--	--